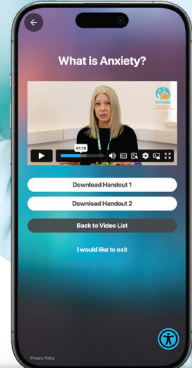
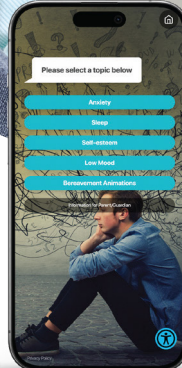
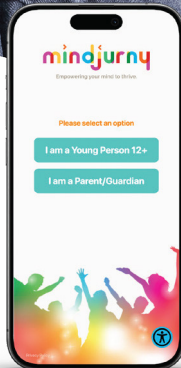


# mindjurny

## Empowering Young Minds for a Brighter Future!



Created by



**Mindjurny** is an evidence-based emotional wellbeing platform, safe and easy to use smartphone support. Features include, **essential resources** and pre-recorded **video workshops** tailored for young people, parents and carers providing effective **guidance and support**.

94% positive feedback

[mindjurny.com](https://mindjurny.com)





Empowering Young Minds for a Brighter Future!

## KEY FEATURES

- **Accessible:** Available 24/7, whenever needed
- **Flexible:** There is no rush with Mindjurny, you take one step at a time using tools whenever they are needed
- **Expert Knowledge:** Combining educational insights with clinical expertise. Mindjurny equips children, young people and parents with strategies and tools to promote positive mental health and emotional wellbeing
- **Guidance:** Provides guidance, including signposting, literature, apps, and websites for extra support and what to do next
- **Cost Effective:** Memberships start at £34.99 for a 6 month subscription. Visit [www.mindjurny.com/membership](http://www.mindjurny.com/membership) or scan the QR code below

## GET IN TOUCH

If you would like to find out more about how Mindjurny can support you in addressing the mental health and emotional wellbeing needs of your child(ren), please visit our website.

**Email:** [mindjurny@chums.uk.com](mailto:mindjurny@chums.uk.com)

**Mindjurny Main Office:** Wrest Park Enterprise Centre  
Wrest Park, Silsoe, Bedfordshire, MK45 4HS.

18,988 tracked interactions  
and growing daily!

[mindjurny.com](http://mindjurny.com)

